

# Mother's Womb: BABY'S FIRST ENVIRONMENT

**The womb is not always a protective barrier, especially to alcohol.**

A developing baby can be exposed to environmental toxins during pregnancy. These can include viruses, bacteria, medications and alcohol.

**Alcohol is an environmental toxin to a developing baby.**

Fetal alcohol spectrum disorders (FASDs) are a range of lifelong disabilities caused by exposure to alcohol in the womb. When a pregnant woman drinks alcohol...

Her baby's blood alcohol content reaches the same level (or higher) as the mother's.

The alcohol can affect the development of all organs, but the brain is the main target.

**There is no safe amount, no safe time and no safe type of alcohol to consume during pregnancy.**

For more information, please visit

**LetsTalkFASDak.org**  



*alcohol & pregnancy*  
**WHY RISK IT?**

